

Bright Futures Food Pack Needs

Food items should be something a child 5-18 years of age would eat. Please no glass containers, no family size boxes/servings and no expired food.

- Ready-to-eat breakfast items:
 - Cold cereal (single serve - no family size boxes)
 - Cereal treat bars
 - Granola bars/protein bars
 - Oatmeal (single serving - no large canisters)
 - Pop-Tarts
 - Breakfast biscuits/sandwiches
- Ready-to-eat lunch items (nothing that requires a can opener):
 - Beef stew, chili, etc. (single serve pop-top cans)
 - Ravioli, SpaghettiOs, etc. (pop-top cans and ready to eat)
 - Ready-to-eat soup (soup on the go, soup at hand, etc.)
 - Ready-to-eat meals (ex: Campbell's Ready Meals)
- Healthy snack food items (no chips):
 - Peanut butter/cheese crackers
 - Pudding or Jell-O cups
 - Trail mix, pretzels, Chex mix, etc. (single serving sizes)
 - Rice Krispies Treats, oatmeal cookies, animal crackers, goldfish, etc. (single serve packages)
 - Jerky/Slim Jims
 - Popcorn
 - Real fruit snacks
 - All natural fruit crisps
 - Single serve cookies
 - Raisins/fruit and yogurt snacks
- Drinks:
 - 6 or 8 oz bottled water
 - All natural juice (small bottles/pouches)
 - Shelf stable milk