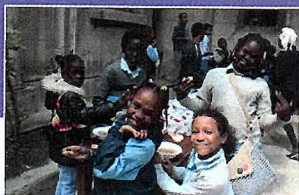


Safe, supported and free: Abel's story

EGYPT
ELCA.org/hunger



Despondent, malnourished and bewildered, Abel (not pictured) arrived in Cairo, Egypt, in need of emotional and social support. At 13, the Ethiopian refugee had experienced extreme trauma. He was imprisoned with his family and tortured; he witnessed the execution of his father, and now he was separated from his mother and brother, unsure if he'd ever see them again.

"Everything was dark for me—I was thinking to end my life. It was too painful to keep thinking of what happened in my life and now being all alone," Abel says of his first months in Cairo. After meeting with a caseworker from the St. Andrews Refugee Service (StARS), things began to improve.

Abel received the counseling and medical services he needed to begin healing emotionally and physically. He also received nourishing meals provided through an ELCA World Hunger grant to StARS.

With the support of his caseworker, Abel got involved in a local program for unaccompanied youth. "I was very scared [to join] because I had not been in school

in many years," Abel remembers. "I can say the [first] time I [felt] free was after I started education here."

Being in a safe and supportive environment where he could learn, form positive connections with other youth and adults from the community, and build life skills enabled Abel to pursue other opportunities, eventually leading him to resettlement in the U.S.

Today, Abel is working part-time and studying to receive his high school competency diploma in the U.S. He credits the support network he had in Cairo with helping him overcome challenges and build a new life. "It has made a big difference," he says.

Your gifts to ELCA World Hunger help provide a safe, nurturing space for young people to grow, heal and rebuild their lives.

WHF17

Your gifts to ELCA World Hunger support innovative solutions that fight hunger and poverty in more than 60 countries around the world, including the United States.

Will you help with your gift today?

YES! I would like to support ELCA World Hunger (WHG0038)

- ☐ I have enclosed my gift of \$100
☐ I have enclosed my gift of \$250
☐ Other \$ _____

Mail Make your check payable to "ELCA World Hunger." Place your gift in your congregation's offering plate or mail it to:

ELCA
P.O. Box 1809
Merrifield, VA 22116-8009

Online ELCA.org/hunger/donate

Phone 800-638-3522



ELCA World Hunger
Evangelical Lutheran Church in America
God's work. Our hands.

New cookstoves make a difference

INDIA
ELCA.org/hunger



Before connecting with the Tripti project, Pura Bihari and his family of five spent a great deal of time searching for and collecting firewood in their village just so they could cook their daily meals.

It was especially difficult during the rainy season in central India, since rain-drenched logs make starting a fire difficult. Moreover, the smoke the Bihari family's stove emitted made it hard for them to breathe and left blackened deposits on the walls of their home.

Enter Vishal Jawakar, a field worker for the Tripti project, a ministry of the Evangelical Lutheran Church in Madhya Pradesh serving families who are food insecure and malnourished. A grant from ELCA World Hunger helps support this work.

Vishal gave the Bihari family a new, smokeless cookstove that runs on

biopellets. He taught them about the health and economic benefits of using the cookstove. Using a cookstove is safer for the Bihari family, since it doesn't produce harmful smoke. The biopellets also make it easier for them to cook year-round.

Now the Bihari family can cook their daily meals in a healthier, more sustainable way.

"We are regularly using this stove for cooking our meals and for all other requirements. We find it better than using firewood. It produces minimal smoke once the pellets catch fire, and our food is cooked properly," says Pura, who adds that his family is grateful to the church for their support. Thanks to your gifts to ELCA World Hunger, families like the Biharis are looking towards a healthier, more food-secure future.

WHF17

Your gifts to ELCA World Hunger support innovative solutions that fight hunger and poverty in more than 60 countries around the world, including the United States.

Will you help with your gift today?

YES! I would like to support ELCA World Hunger (WHG0038)

- ☐ I have enclosed my gift of \$100
☐ I have enclosed my gift of \$250
☐ Other \$ _____

Mail Make your check payable to "ELCA World Hunger." Place your gift in your congregation's offering plate or mail it to:

ELCA
P.O. Box 1809
Merrifield, VA 22116-8009

Online ELCA.org/hunger/donate

Phone 800-638-3522



ELCA World Hunger
Evangelical Lutheran Church in America
God's work. Our hands.

Life-giving goats

CHINA
ELCA.org/hunger



Xie Liang-zhong was born in San-li-jiu, part of the village of Liming in the northern Yunnan province of China. For many generations, the people of San-li-jiu—members of the Lisu ethnic minority—lived in extreme poverty, with very limited contact with the outside world.

Xie, who is now the head of the Liming village, strives to improve the lives of his people. He brings water and electricity to far-flung hamlets, walks the mountains to find the best routes for almost 160 miles of roads to connect villages, and helps his neighbors explore sustainable sources of income, including growing walnuts and raising new breeds of goats.

First came the walnut trees. With yields as significant as \$16 per 2.2 pounds of nuts, the trees provide the villagers with new means of earning and saving money. And with the support of ELCA World Hunger, the Lisu are able to continue in

their tradition of raising goats, now with breeds adapted to the local environment that are slightly smaller and that mature faster. In a region where hunger has been a daily reality, the goats are a source of stability and livelihood for the people of Liming.

"Goats are good for the area," says Chao Wan-sheng, a resident of San-li-jiu. "They provide a steady income." His family is one of 13 in San-li-jiu that now have a total of 400 goats.

Xie continues to plan ahead and is working on a three-pronged approach—walnut trees, goats and grass to feed the animals—to move other hamlets out of hunger and poverty.

WHF17

Your gifts to ELCA World Hunger support innovative solutions that fight hunger and poverty in more than 60 countries around the world, including the United States.

Will you help with your gift today?

YES! I would like to support ELCA World Hunger (WHG0038)

- ☐ I have enclosed my gift of \$100
☐ I have enclosed my gift of \$250
☐ Other \$ _____

Mail Make your check payable to "ELCA World Hunger." Place your gift in your congregation's offering plate or mail it to:

ELCA
P.O. Box 1809
Merrifield, VA 22116-8009

Online ELCA.org/hunger/donate

Phone 800-638-3522



ELCA World Hunger
Evangelical Lutheran Church in America
God's work. Our hands.

Feeding the future

MALAWI
ELCA.org/hunger



In Malawi, a densely populated country in southeast Africa, many children—especially those 5 and younger—don't receive enough food.

But ELCA World Hunger and the Evangelical Lutheran Church in Malawi (ELCM) are working together to end to child hunger through a feeding center that touches 60 of the church's congregations. The center is supported, in part, by a grant from ELCA World Hunger.

"Feeding centers are indeed a lifeline for many orphans and other vulnerable children, especially in poor and hard-to-reach communities," says Mabel Madinga, ELCM general secretary and Diaconia director.

In fact, there are 1.8 million children in Malawi orphaned each year because their parents die of HIV and AIDS, Madinga says.

While the overall goal of this program is to help reduce malnutrition in children 5 and younger, it also provides nursery schools to promote early childhood development and a mobile clinic.

Madalitso, now 25, benefited from this program as a child. When he lost his father before birth, his father's relatives took possession of the family's house, leaving Madalitso and his mother homeless. Fortunately, when Madalitso's mother took him to her home village, she heard about the feeding center and enrolled him immediately.

"That was the beginning of my new life," he recalls.

Thanks to your support of ELCA World Hunger, young children in vulnerable situations receive the food, education and health care they need to grow and thrive.

"My life through the feeding center has helped me to work hard, form stable relationship[s], develop a sense of responsibility, consideration for others, self-confidence and self-control," Madalitso says. "I sincerely thank ELCM for the support throughout my life."

WHF17

Your gifts to ELCA World Hunger support innovative solutions that fight hunger and poverty in more than 60 countries around the world, including the United States.

Will you help with your gift today?

YES! I would like to support ELCA World Hunger (WHG0038)

- ☐ I have enclosed my gift of \$100
☐ I have enclosed my gift of \$250
☐ Other \$ _____

Mail Make your check payable to "ELCA World Hunger." Place your gift in your congregation's offering plate or mail it to:

ELCA
P.O. Box 1809
Merrifield, VA 22116-8009

Online ELCA.org/hunger/donate

Phone 800-638-3522



ELCA World Hunger
Evangelical Lutheran Church in America
God's work. Our hands.