



## Food Packs Program Needs

- Ready to eat **Breakfast** items:
  - Cold cereal (single serve)
  - Cereal bars or granola bars
  - Oatmeal (single serve)
  - Pop-tarts
  
- Ready to eat/Minimal preparation - **Lunch** items
  - Beef stew/chili/etc. (can or single serve pop-tops)
  - Ravioli/Spaghetti-o's/etc. (pop-top and ready to eat)
  - Canned meat (tuna, chicken, ham)
  - Soup
  - Pasta sauce/tomato sauce (small can) - **NO** Pasta needed
  
- **Fruits and Vegetables**
  - Corn/green beans/peas/etc. (can or single serve container)
  - Peaches/pineapple/mandarin oranges (can or single serve container)
  - Real fruit snacks
  
- Healthy **Snack Food** Items
  - Peanut butter/cheese crackers
  - Raisins (snack size boxes)
  - Pudding or Jell-O cups
  - Trail mix/pretzels/chex-mix/etc. (single serving sizes)
  - Rice Krispie treats/oatmeal cookies/animal crackers/etc. (single serve packages)
  - Jerky
  - Popcorn

**Food items should be something a child 5-18 years of age would eat.**

**No glass containers - No family size boxes/servings**

**We do not need** juice or pasta - thank you